

Healthy Ireland Survey 2015

Codebook for Anonymised Microdata File

December 2015

Variable Name	Question Wording	Valid Codes	Code Description	Filter/Remarks
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spq1	Q.1 How is your health in general?	1	Very Good	Everybody
		2	Good	
		3	Fair	
		4	Bad	
		5	Very Bad	
		6	Don't know	
		7	Refused	

q2	Q.2 Do you have any long standing illness or health problem i.e. problems which have lasted or will last for at least 6 months or more?	1	Yes	Everybody
		2	No	
		3	Don't know	
		4	Refused	

q3	Q.3 For at least the past six months to what extent have you been limited in everyday activities because of health problems ie. an on-going physical or mental health problem illness or disability?	1	Severely Limited	Everybody
		2	Limited but not severely	
		3	Not limited at all	
		4	Don't know	
		5	Refused	

q5a	Q.5a When was the last time you consulted a GP or family doctor on your own behalf? This includes home visits and phone consultations but excludes nurse-only consultations.	1	Less than 12 months ago	Everybody
		2	More than 12 months ago	
		3	Never Consulted	
		4	Don't know	
		5	Refused	

iq5b	Q.5b How often in the last four weeks did you consult a GP on your own behalf, excluding nurse only consultations?	0-95	Number of consultations	Everybody
		98	Don't Know (DNRO)	
		99	Refused (DNRO)	

q5c	Q.5c When was the last time you consulted a nurse within a GP practice on your own behalf excluding visits where you also consulted the GP?	1	Less than 12 months ago	Everybody
		2	More than 12 months ago	
		3	Never Consulted	
		4	Don't know	
		5	Refused	

iq5d	Q.5d How often in the last four weeks did you consult such a nurse working within a GP practice on your own behalf, excluding visits where you also consulted the GP?	0-95	Number of consultations	Everybody
		98	Don't Know (DNRO)	
		99	Refused (DNRO)	

q5e	Q.5e When was the last time you consulted a medical or surgical consultant on your own behalf?	1	Less than 12 months ago	Everybody
		2	More than 12 months ago	
		3	Never Consulted	
		4	Don't know	
		5	Refused	

iq5f	Q.5f How many times have you consulted such a medical or surgical consultant in the past 4 weeks?	0-95	Number of consultations	Everybody
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q6	Q.6 Do you smoke tobacco products?	1	Yes, daily	Everybody
		2	Yes, occasionally	
		3	No	
		4	Don't Know	
		5	Refused	

q7	Q.7 Did you ever smoke tobacco products (in the past)?	1	Yes, daily	If q6 = 3
		2	Yes, occasionally	
		3	No	
		4	Don't Know	
		5	Refused	

q8	Q.8 About how long has it been since you last smoked tobacco products?	1	Within the past month (anytime < than 1 month ago)	If q7 = 1 or 2
		2	Within the past 3 months (1 month but < than 3 months ago)	
		3	Within the past 6 months (3 months but < than 6 months ago)	
		4	Within the past year (6 months but < than 1 year ago)	
		5	Within the past 5 years (1 year but < than 5 years ago)	
		6	Within the past 10 years (5 years but < than 10 years ago)	
		7	10 or more years ago	
		8	Don't Know	
		9	Refused	

iq9a1	Q9a. On average how many of the following tobacco products do you smoke each day? - Manufactured cigarettes	0-199	Number of tobacco products	If q6 = 1
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iq9a2	Q9a. On average how many of the following tobacco products do you smoke each day? - Hand-rolled cigarettes	0-199	Number of tobacco products	If q6 = 1
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iq9a3	Q9a. On average how many of the following tobacco products do you smoke each day? - Pipes full of tobacco	0-199	Number of tobacco products	If q6 = 1
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iq9a4	Q9a. On average how many of the following tobacco products do you smoke each day? - Cigars	0-199	Number of tobacco products	If q6 = 1
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iq9a5	Q9a. On average how many of the following tobacco products do you smoke each day? - Any others	0-199	Number of tobacco products	If q6 = 1
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iq9b1	Q9b. On average how many of the following tobacco products do you smoke each week? - Manufactured cigarettes	0-499	Number of tobacco products	If q6 = 2
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iq9b2	Q9b. On average how many of the following tobacco products do you smoke each week? - Hand-rolled cigarettes	0-499	Number of tobacco products	If q6 = 2
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iq9b3	Q9b. On average how many of the following tobacco products do you smoke each week? - Pipes full of tobacco	0-499	Number of tobacco products	If q6 = 2
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iq9b4	Q9b. On average how many of the following tobacco products do you smoke each week? - Cigars	0-499	Number of tobacco products	If q6 = 2
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iq9b5	Q9b. On average how many of the following tobacco products do you smoke each week? - Any others	0-499	Number of tobacco products	If q6 = 2
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slq9b	Q.9b Non smoker (Smokes less often than once a week)	1	Smokes less often than once a week	If q6 = 2
		2	Don't know	
		3	Refused to answer	

q10	Q.10 Which of the following statements BEST applies to you?	1	I have never heard of e-cigarettes and have never tried them	Everybody
		2	I have heard of e-cigarettes but have never tried them	
		3	I have tried e-cigarettes but do not use them (anymore)	
		4	I have tried e-cigarettes and still use them	
		5	Don't Know	
		6	Refused	

q11	Q.11 During the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?	1	Yes	If q6 = 1 or 2 OR If q8 = 1,2,3 or 4
		2	No	
		3	Don't Know	
		4	Refused	

q12_1	Q.12 During your last attempt to give up did you use any help? - Nicotine patches, gum, lozenges, spray	0	Not Nicotine patches, gum, lozenges, spray	If q11 = 1
		1	Nicotine patches, gum, lozenges, spray	

q12_2	Q.12 During your last attempt to give up did you use any help? - Varenicline/Champix or Bupropion/Zyban (prescribed medication)	0	Not Varenicline/Champix or Bupropion/Zyban (prescribed medication)	If q11 = 1
		1	Varenicline/Champix or Bupropion/Zyban (prescribed medication)	

q12_3	Q.12 During your last attempt to give up did you use any help? - Acupuncture	0	Not Acupuncture	If q11 = 1
		1	Acupuncture	

q12_4	Q.12 During your last attempt to give up did you use any help? - Smokers telephone Quitline/Helpline	0	Not Smokers telephone Quitline/Helpline	If q11 = 1
		1	Smokers telephone Quitline/Helpline	

q12_5	Q.12 During your last attempt to give up did you use any help? - www.quit.ie	0	Not www.quit.ie	If q11 = 1
		1	www.quit.ie	

q12_6	Q.12 During your last attempt to give up did you use any help? - www.facebook.com/HSEquit	0	Not www.facebook.com /HSEquit	If q11 = 1
		1	www.facebook.com /HSEquit	

q12_7	Q.12 During your last attempt to give up did you use any help? - E-cigarettes	0	Not E-cigarettes	If q11 = 1
		1	E-cigarettes	

q12_8	Q.12 During your last attempt to give up did you use any help? - Other aid, help, support	0	Not Other aid, help, support	If q11 = 1
		1	Other aid, help, support	

q12_9	Q.12 During your last attempt to give up did you use any help? - No help used	0	Not No help used	If q11 = 1
		1	No help used	

q12_10	Q.12 During your last attempt to give up did you use any help? - Don't Know	0	Not Don't Know	If q11 = 1
		1	Don't Know	

q12_11	Q.12 During your last attempt to give up did you use any help? - Refused	0	Not Refused	If q11 = 1
		1	Refused	

q13	Q.13 Are you currently...?	1	Trying to quit	If q6 = 1 or 2
		2	Actively planning to quit	
		3	Thinking about quitting but not planning to	
		4	Not thinking about quitting	
		5	Don't Know	
		6	Refused	

q14	Q.14 Have you ever drunk any of these types of alcoholic beverages?	1	Yes	Everybody
		2	Never	
		3	Have only had a few sips of alcohol in my lifetime	
		4	Don't Know	
		5	Refused	

exq15	Q.15 How often have you consumed alcohol in the last 12 months?	1	Daily	If q14 = 1
		2	5-6 times a week	
		3	4 times a week	
		4	3 times a week	
		5	Twice a week	
		6	Once a week	
		7	2-3 times a month	
		8	Once a month	
		9	6-11 times a year	
		10	2-5 times a year	
		11	Once a year	
		12	I did not drink in the last year but I drank longer ago	
		13	Dramatically changed drinking in last 12 months	
		14	Don't Know	
		15	Refused	

iq17	Q.17 Thinking of a typical day in the last 12 months on which you had an alcoholic drink, how many standard drinks would you drink?	1-97	Number of standard drinks	If q14 = 1 AND exq15 ≠ 12 or 13
		98	Don't Know (DNRO)	
		99	Refused (DNRO)	

exq18	Q.18 During the last 12 months how often have you consumed (drunk) the equivalent of 6 or more standard drinks on one drinking occasion?	1	Daily	If q14 = 1 AND exq15 ≠ 12 or 13
		2	5/6 times a week	
		3	4 times a week	
		4	3 times a week	
		5	2 times a week	
		6	Once a week	
		7	2/3 times a month	
		8	Once a month	
		9	6-11 times a year	
		10	2-5 times a year	
		11	Once a year	
		12	Never	
		13	Don't Know/Refused	

q19a	Q.19 During the last 12 months, have you? Got into a physical fight when you had been drinking	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19b	Q.19 During the last 12 months, have you? Been in an accident of any kind when you had been drinking	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19c	Q.19 During the last 12 months, have you? Ever felt that you should cut down on your drinking	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19d	Q.19 During the last 12 months, have you? Regretted something you said or did after drinking	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19e	Q.19 During the last 12 months, have you? Felt that your drinking harmed your friendship or social life	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19f	Q.19 During the last 12 months, have you? Felt that your drinking harmed your home life or marriage	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19g	Q.19 During the last 12 months, have you? Felt that your drinking harmed your work or studies	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q19h	Q.19 During the last 12 months, have you? Felt that your drinking harmed your health	1	Yes	If q14 = 1 AND exq15 ≠ 12
		2	No	

q20spa	Q.20 During the last 12 months, have you? Had property vandalized by someone who had been drinking	1	No, Never	Everybody
		2	Yes, once	
		3	Yes, more than once	
		4	Don't Know	

q20spb	Q.20 During the last 12 months, have you? Been a passenger in a vehicle with a driver who had too much to drink	1	No, Never	Everybody
		2	Yes, once	
		3	Yes, more than once	
		4	Don't Know	

q20spc	Q.20 During the last 12 months, have you? Been hit or assaulted by someone who had been drinking	1	No, Never	Everybody
		2	Yes, once	
		3	Yes, more than once	
		4	Don't Know	

q20spd	Q.20 During the last 12 months, have you? Had financial trouble because of someone else's drinking	1	No, Never	Everybody
		2	Yes, once	
		3	Yes, more than once	
		4	Don't Know	

q20spe	Q.20 During the last 12 months, have you? Had family problems or relationship difficulties as a result of someone else's drinking	1	No, Never	Everybody
		2	Yes, once	
		3	Yes, more than once	
		4	Don't Know	

q21a	Q.21(a) How often do you usually have breakfast on weekdays?	0	Never	Everybody
		1	One day	
		2	Two days	
		3	Three days	
		4	Four days	
		5	Five days	
		6	Don't Know	
		7	Refused	

q21b	Q.21(b) How often do you usually have breakfast on the weekend?	0	Never	Everybody
		1	One day	
		2	Both Saturday and Sunday	
		3	Don't Know	
		4	Refused	

q22	Q.22 How often do you eat fruit, excluding fruit juice?	1	Once or more a day	Everybody
		2	4 to 6 times a week	
		3	1 to 3 times a week	
		4	Less than once a week	
		5	Never	
		6	Don't Know	
		7	Refused	

iq23	Q.23 How many portions a day on average do you eat? A portion is an apple, a pear, orange or similar sized fruit.	1-97	Number of portions daily	If q22 = 1
		98	Don't Know	

q24	Q.24 How often do you eat vegetables or salad, excluding juice and potatoes?	1	Once or more a day	Everybody
		2	4 to 6 times a week	
		3	1 to 3 times a week	
		4	Less than once a week	
		5	Never	
		6	Don't Know	
		7	Refused	

iq25	Q.25 How many portions a day on average do you eat? A portion is one medium tomato or onion, 3 heaped tablespoons of peas, mixed vegetables.	1-97	Number of portions daily	If q24 = 1
		98	Don't Know	

iq26	Q.26 How many portions of snack foods (other than fruit, vegetables or yoghurt) do you usually eat each day?	1-94	Number of portions daily	Everybody
		95	Don't eat snack foods everyday	
		96	Never eat snack foods	
		98	Don't Know	

q27	Q.27 How often do you drink sugar-sweetened drinks?	1	Once or more a day	Everybody
		2	4 to 6 times a week	
		3	1 to 3 times a week	
		4	Less than once a week	
		5	Never	
		6	Don't Know	
		7	Refused	

q28	Q.28 Which of these statements best describes your eating and/or cooking habits most of the time?	1	I eat/cook homemade meals from scratch using fresh, raw ingredients	Everybody
		2	I eat/cook meals using a combination of fresh ingredients and packets/jars of ingredients/sauces	
		3	I heat up ready meals in the oven/microwave oven (i.e. pizza, lasagne, frozen fish, chicken and veg)	
		4	I eat out	
		5	I eat take away food	
		6	Don't Know	
		7	Refused	

q29	Q.29 How often do you add salt to food while cooking?	1	Always	Everybody
		2	Usually	
		3	Sometimes	
		4	Rarely	
		5	Never	
		6	N/A	
		7	Don't Know	
		8	Refused	

q30	Q.30 How often do you add salt to food while at the table?	1	Always	Everybody
		2	Usually	
		3	Sometimes	
		4	Rarely	
		5	Never	
		6	Don't Know	
		7	Refused	

q31	Q.31 During the last 7 days on how many days did you do vigorous physical activities like heavy lifting competitive sport or fast cycling?	1	1 Day	Everybody
		2	2 Days	
		3	3 Days	
		4	4 Days	
		5	5 Days	
		6	6 Days	
		7	7 Days	
		8	No vigorous physical activities	

niq32	Q.32 How much time did you spend doing vigorous physical activities on one of those days?	1-1440	Minutes per day	If q31 = 1,2,3,4,5,6,7
		9999	Don't Know	

q33	Q.33 During the last 7 days on how many days did you do moderate physical activities like carrying light loads cycling at a regular pace or doubles tennis?	1	1 Day	Everybody
		2	2 Days	
		3	3 Days	
		4	4 Days	
		5	5 Days	
		6	6 Days	
		7	7 Days	
		8	No moderate physical activities	

niq34	Q.34 How much time did you spend doing moderate physical activities on one of those days?	1-1440	Minutes per day	If q33 = 1,2,3,4,5,6,7
		9999	Don't Know	

q35	Q.35 During the last 7 days on how many days did you walk for at least 10 minutes at a time?	1	1 Day	Everybody
		2	2 Days	
		3	3 Days	
		4	4 Days	
		5	5 Days	
		6	6 Days	
		7	7 Days	
		8	No walking	

niq36	Q.36 How much time did you spend walking on one of those days?	1-1440	Minutes per day	If q35 = 1,2,3,4,5,6,7
		9999	Don't Know	

niq37	Q.37 During the last 7 days, how much time did you spend sitting on a weekday?	1-1440	Minutes per day	Everybody
		9999	Don't Know	

q38	Q.38 Which of the following statements best describes you?	1	I am trying to lose weight	Everybody
		2	I am trying to maintain weight	
		3	I am trying to gain weight	
		4	None of the above	

q39_1	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - Eating fewer calories	0	Not Eating fewer calories	If q38 = 1 or 2
		1	Eating fewer calories	

q39_2	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - Eating less fat	0	Not Eating less fat	If q38 = 1 or 2
		1	Eating less fat	

q39_3	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - Eating/drinking fewer sugar sweetened foods/drinks	0	Not Eating/drinking fewer sugar sweetened foods/drinks	If q38 = 1 or 2
		1	Eating/drinking fewer sugar sweetened foods/drinks	

q39_4	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - Taking more exercise	0	Not Taking more exercise	If q38 = 1 or 2
		1	Taking more exercise	

q39_5	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - Other	0	Not Other	If q38 = 1 or 2
		1	Other	

q39_6	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - None / Nothing	0	Not None / Nothing	If q38 = 1 or 2
		1	None / Nothing	

q39_7	Q.39 Are you trying to lose weight/maintain your weight by doing any of the following? - Don't Know	0	Not Don't Know	If q38 = 1 or 2
		1	Don't Know	

q43	Q.43 Do you participate in any social groups or clubs?	1	Yes	Everybody
		2	No	
		3	Don't Know	

q44a	Q.44 How much of a problem are each of the following in your neighbourhood? Rubbish or litter lying around	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44b	Q.44 How much of a problem are each of the following in your neighbourhood? Graffiti on walls or buildings	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44c	Q.44 How much of a problem are each of the following in your neighbourhood? Vandalism and deliberate damage to property	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44d	Q.44 How much of a problem are each of the following in your neighbourhood? Insults or attacks to do with someone's race or colour	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44e	Q.44 How much of a problem are each of the following in your neighbourhood? House break ins	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44f	Q.44 How much of a problem are each of the following in your neighbourhood? Poor public transport	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44g	Q.44 How much of a problem are each of the following in your neighbourhood? Lack of food shops / supermarkets that are easy to get to	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44h	Q.44 How much of a problem are each of the following in your neighbourhood? People being drunk in public	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q44i	Q.44 How much of a problem are each of the following in your neighbourhood? Lack of open public spaces	1	A big problem	Everybody
		2	A bit of a problem	
		3	Not a problem	

q45a	Q.45 How much of the time during the past 4 weeks.... Did you feel full of life	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45b	Q.45 How much of the time during the past 4 weeks.... Have you been a very nervous person	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45c	Q.45 How much of the time during the past 4 weeks.... Have you felt so down in the dumps that nothing could cheer you up	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45d	Q.45 How much of the time during the past 4 weeks.... Have you felt calm and peaceful	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45e	Q.45 How much of the time during the past 4 weeks.... Did you have a lot of energy	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45f	Q.45 How much of the time during the past 4 weeks.... Have you felt downhearted and blue	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45g	Q.45 How much of the time during the past 4 weeks.... Did you feel worn out	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45h	Q.45 How much of the time during the past 4 weeks.... Have you been a happy person	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q45i	Q.45 How much of the time during the past 4 weeks.... Did you feel tired	1	All of the time	Everybody
		2	Most of the time	
		3	A good bit of the time	
		4	Some of the time	
		5	A little of the time	
		6	None of the time	

q46sp_1	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Cut down smoking	0	Not Cut down smoking	Everybody
		1	Cut down smoking	

q46sp_2	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Stop smoking	0	Not Stop smoking	Everybody
		1	Stop smoking	

q46sp_3	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Cut down the amount of alcohol I drink	0	Not Cut down the amount of alcohol I drink	Everybody
		1	Cut down the amount of alcohol I drink	

q46sp_4	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Be more physically active	0	Not Be more physically active	Everybody
		1	Be more physically active	

q46sp_5	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Control weight or lose weight	0	Not Control weight or lose weight	Everybody
		1	Control weight or lose weight	

q46sp_6	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Eat more healthily	0	Not Eat more healthily	Everybody
		1	Eat more healthily	

q46sp_7	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Reduce the amount of stress in my life	0	Not Reduce the amount of stress in my life	Everybody
		1	Reduce the amount of stress in my life	

q46sp_8	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Sleep better	0	Not Sleep better	Everybody
		1	Sleep better	

q46sp_9	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Relax more	0	Not Relax more	Everybody
		1	Relax more	

q46sp_10	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Have more time for myself	0	Not Have more time for myself	Everybody
		1	Have more time for myself	

q46sp_11	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Have more time for family	0	Not Have more time for family	Everybody
		1	Have more time for family	

q46sp_12	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Be more connected with my community	0	Not Be more connected with my community	Everybody
		1	Be more connected with my community	

q46sp_13	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Have a better work/life balance	0	Not Have a better work/life balance	Everybody
		1	Have a better work/life balance	

q46sp_14	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Change Job	0	Not Change Job	Everybody
		1	Change Job	

q46sp_15	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Find a job	0	Not Find a job	Everybody
		1	Find a job	

q46sp_16	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Be more financially secure	0	Not Be more financially secure	Everybody
		1	Be more financially secure	

q46sp_17	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - Other	0	Not Other	Everybody
		1	Other	

q46sp_18	Q.46 Which of these changes if any would you like to make that would improve your health and wellbeing? - None of the above	0	Not None of the above	Everybody
		1	None of the above	

q47sp_1	Q.47 Have you ever personally known anyone with dementia or had it yourself? - No, I Don't Know anyone who has or had, dementia	0	Not No, I Don't Know anyone who has or had, dementia	Everybody
		1	No, I Don't Know anyone who has or had, dementia	

q47sp_2	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, my job involves / involved working with people who have dementia	0	Not Yes, my job involves / involved working with people who have dementia	Everybody
		1	Yes, my job involves / involved working with people who have dementia	

q47sp_3	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, I have dementia myself	0	Not Yes, I have dementia myself	Everybody
		1	Yes, I have dementia myself	

q47sp_4	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, my partner or a member of my close / immediate family	0	Not Yes, my partner or a member of my close / immediate family	Everybody
		1	Yes, my partner or a member of my close / immediate family	

q47sp_5	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, a friend(s) I know fairly well	0	Not Yes, a friend(s) I know fairly well	Everybody
		1	Yes, a friend(s) I know fairly well	

q47sp_6	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, a friend(s) or acquaintance(s) I know less well	0	Not Yes, a friend(s) or acquaintance(s) I know less well	Everybody
		1	Yes, a friend(s) or acquaintance(s) I know less well	

q47sp_7	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, a colleague / someone at my work	0	Not Yes, a colleague / someone at my work	Everybody
		1	Yes, a colleague / someone at my work	

q47sp_8	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Yes, someone else	0	Not Yes, someone else	Everybody
		1	Yes, someone else	

q47sp_9	Q.47 Have you ever personally known anyone with dementia or had it yourself? - Not sure	0	Not Not sure	Everybody
		1	Not sure	

q48a	Q.48 We are interested in what people think of dementia. Could you tell me whether you think the following statements are true or false? Dementia is a disease of the brain	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q48b	Q.48 We are interested in what people think of dementia. Could you tell me whether you think the following statements are true or false? Dementia is a mental illness	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q48c	Q.48 We are interested in what people think of dementia.Could you tell me whether you think the following statements are true or false? Dementia is part of the normal process of ageing	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q48d	Q.48 We are interested in what people think of dementia.Could you tell me whether you think the following statements are true or false? Dementia is another term for Alzheimer's disease	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q49a	Q.49 I am now going to read out some more statements. Could you tell me whether you think the following statements are true or false? High blood pressure increases your chances of getting dementia	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q49b	Q.49 I am now going to read out some more statements. Could you tell me whether you think the following statements are true or false? If one of your parents gets dementia, you are more likely to get it too	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q49c	Q.49 I am now going to read out some more statements. Could you tell me whether you think the following statements are true or false? Smoking has nothing to do with dementia	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q49d	Q.49 I am now going to read out some more statements. Could you tell me whether you think the following statements are true or false? If you eat a healthy diet you are less likely to get dementia	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q49e	Q.49 I am now going to read out some more statements. Could you tell me whether you think the following statements are true or false? People who drink heavily are more likely to get dementia	1	TRUE	Everybody
		2	FALSE	
		3	Don't know	

q50	Q.50 If someone close to you was becoming forgetful or distressed in a way that made you think they might be showing early signs of dementia which of the following would you do in the first instance?	1	Talk to the person themselves about the best thing to do?	Everybody
		2	Talk to a family member or friend?	
		3	Talk to a doctor or nurse?	
		4	Phone a helpline?	
		5	Contact a charity or support group? (e.g. The Alzheimer Society of Ireland)	
		6	Search the internet?	
		7	Do nothing	
		8	Other	
		9	Don't Know	

q52	GENDER	1	Male	Everybody
		2	Female	

q53	Q.53 What is your current marital status?	1	Single, never married and never in a civil partnership	Everybody
		2	Married or in a civil partnership	
		3	Widowed or with civil partnership that ended with death of partner (not remarried or in civil	
		4	Divorced or with civil partnership that was legally dissolve (not remarried or in new civil	
		5	Separated (including deserted)	

q54a	Q.54a Do you have a full medical card?	1	Yes	Everybody
		2	No	

q54b	Q.54b Do you have a GP only medical card?	1	Yes	If q54a = 2
		2	No	

q55	Q.55 Do you have private health insurance?	1	Yes	Everybody
		2	No	

q58	Q.58 How would you define your current situation with regard to work?	1	Working for payment or profit	Everybody
		2	Looking for first regular job	
		3	Unemployed, having lost or given up previous job	
		4	Actively looking for work after voluntary interruption of working life (for 12 months or more) for personal or domestic reasons	
		5	Student or pupil	
		6	Engaged on home duties	
		7	Retired from employment	
		8	Unable to work due to permanent sickness or disability.	
		9	Other	
		10	None/Nothing	
		11	Don't know	

q58_2	Q.58 How would the chief income earner define their current situation with regard their work?	1	Working for payment or profit	Everybody
		2	Looking for first regular job	
		3	Unemployed, having lost or given up previous job	
		4	Actively looking for work after voluntary interruption of working life (for 12 months or more) for	
		5	Student or pupil	
		6	Engaged on home duties	
		7	Retired from employment	
		8	Unable to work due to permanent sickness or disability.	
		9	Other	
		10	None/Nothing	
		11	Don't know	

q59a	Q.59a Do you provide regular unpaid personal help for a friend or family member with a long-term illness health problem or disability? Include problems which are due to old age. Personal help includes help with basic tasks such as feeding or dressing.	1	Yes	Everybody
		2	No	

q59b	Q.59b How many hours per week?	1-240	Hours per week	If q59a = 1
		999	Around the clock care for someone you live with	

q63b	Q.63b Are you the Chief Income Earner in your household?	1	Yes	Everybody
		2	No	

sipa	IPAQ	1	High	Everybody
		2	Moderate	
		3	Low	
		4	None	

bmi	Body Mass Index	1	Underweight (BMI value of less than 18.49)	If measurements taken
		2	Normal (BMI value of 18.5 to 24.9)	
		3	Overweight (BMI value of 25.0 to 29.9)	
		4	Obese (BMI value of 30 or larger)	

absi	Body Shape Index	1	Less than 0.07	If measurements taken
		2	0.07 to 0.074	
		3	0.075 to 0.079	
		4	0.08 to 0.084	
		5	0.084 to 0.089	
		6	0.09 or higher	

qevi	HIGH EVI GROUP	1	High energy and vitality group	Everybody
		2	NOT High energy and vitality group	

qpmhp	PMHP GROUP	1	Probable mental health problem	Everybody
		2	NOT Probable mental health problem	

ac	AUDIT-C	1	'0	Defined based on cumulative scores from Q15, Q17, Q18
		2	'1-2	
		3	'3-4	
		4	'5+	

metrc_1	Metabolic Risk Classification - Normal	0	Not Normal	Everybody
		1	Normal	

metrc_2	Metabolic Risk Classification - Increased	0	Not Increased	Everybody
		1	Increased	

metrc_3	Metabolic Risk Classification - Substantially Increased	0	Not Substantially Increased	Everybody
		1	Substantially Increased	

region	Region of residence	1	Dublin	Everybody
		2	Rest of Leinster	
		3	Munster	
		4	Conn/Ulster	

urbrul	Urban Rural split	1	Urban	Everybody
		2	Rural	

dep	Deprivation Deciles	1	1	Everybody
		2	2	
		3	3	
		4	4	
		5	5	
		6	6	
		7	7	
		8	8	
		9	9	
		10	10	
		11	Not known	

key1	Social Economic Group	1	A Employers and Managers	Everybody
		2	B Higher Professional	
		3	C Lower Professional	
		4	D Non-Manual	
		5	E Manual Skilled	
		6	F Semi-Skilled	
		7	G Unskilled	
		8	H Own Account Workers	
		9	I Farmers	
		10	J Agricultural Workers	
		11	Z All others gainfully occupied and unknown	

NS_SEC3	Socio-Economic Classification (ONS)	1	Higher managerial, administrative and professional occupations	Everybody
		2	Intermediate occupations	
		3	Routine and manual occupations	
		4	Not classified	

ageclass	Age class	1	15-24 years	Everybody
		2	25-44 years	
		3	45-64 years	
		4	65 and over	

agecls2	Age class (50 and over)	1	15-24 years
		2	25-49 years
		3	50-64 years
		4	65 and over

agecls3	Age class (55 and over)	1	15-24 years
		2	25-54 years
		3	55-64 years
		4	65 and over

edu	Highest level of education/training attained	1	Less than primary, primary and lower secondary	Everybody
		2	Upper secondary, post-secondary non-tertiary	
		3	Short-cycle tertiary, Bachelors, Masters, Doctoral	

ctrybrth	Country of birth	1	Ireland	Everybody
		2	UK	
		3	EU15 excl Ireland and UK	
		4	Rest of EU	
		5	Rest of World	

soc1dgt	Is/was main job (coded on 1 digit SOC2010)	1	Managers, Directors and Senior Officials	Everybody
		2	Professional	
		3	Associate Professional and Technical	
		4	Administrative and Secretarial	
		5	Skilled Trades	
		6	Caring, Lesiure and Other Services	
		7	Sales and Customer Services	
		8	Process, plant and machine operatives	
		9	Elementary	

mainwgt	Respondent weighting			Everybody
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bmiwgt	Respondent weighting (physical measurement subsample)			If measurements taken
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